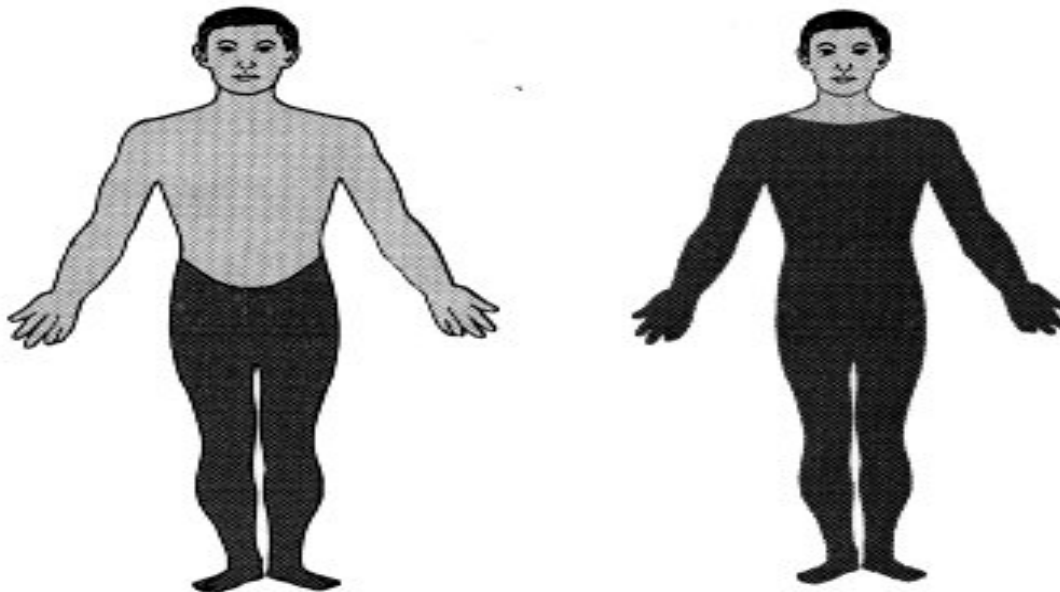


BREAK YOUR BACK ?

- **Your back bone surrounds and protects your spinal cord.**
- **Your spinal cord contains thousands of nerves with unique functions that carry messages between your brain and your body.**
- **Some nerves are sensory related, some motor, some regulate body functions.**
- **A spinal cord injury interrupts bodily functions below the point of injury.**
- **Each injury is different, there are no two alike. Therefore, it is possible for someone to wiggle their toes yet not be able to feel them, and possible for someone to feel their leg yet not be able to move it.**

THE SHADED AREAS IN THE PICTURES SHOW THOSE PARTS OF THE BODY THAT DO NOT WORK IN THE SAME WAY AFTER A SPINAL CORD INJURY



The dark shading shows the areas of the body affected by a lower level spinal cord injury between T-10 and below. This condition is known as paraplegia.

The dark shading shows the areas of the body affected by a high level spinal cord injury at C-5. This condition is known as tetraplegia and quadriplegia.